# Linda Bergmann

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#### Education

Bachelor of Nutrition and Food Science, Option in Dietetics Expected graduation date: May 2009 California State University Chico, Chico, CA

# Associates Degree in Social & Behavioral Sciences Associates Degree in University Studies

Butte Community College, Oroville, CA, May 2005

#### Work Experience

#### Community Nutrition Assistant (August 2007-current)

Center for Nutrition and Activity Promotion (CNAP), Chico, CA

- Coordinate educational nutrition performances
- Design nutrition education material
- Maintains company web site
- Volunteers for various other CNAP related events
- Presented with an Outstanding Achievement Award in Service Learning in May 2008 and December 2007

## Recreational Leader (September 2004- May 2007)

Chico Area Recreation and Park District, Chico, CA

- Prepared snack for 80-90 children in an after school program K-6
- Assisted children with understanding and completing homework correctly
- Organized games/craft activities for child enrichment
- Attended trainings/in-services to enhance the quality of after school programs
- Managed child deviations/crises in an appropriate manner
- Modeled to children the importance of being healthy and having fun
- Received CPR/First aid certifications

## Volunteer/Internship Experience

## Community Nutrition Intern (February 2007-August 2007)

Center for Nutrition and Activity Promotion, Chico, CA

- Maintained company web site
- Volunteered at different nutrition/health related events (Contributed over 135 volunteer hours overall)

- Produced videos to place on company's web site
- Designed and created of nutrition education materials
- Presented with an Outstanding Achievement Award May 2007

Grader and Research Assistant (May 2007-current)

Nutrition and Food Sciences Program

- Photographed department faculty to be displayed on department web page, and in newly established Nutrition and Food Sciences Department
- Presented with a certificate of appreciation on behalf of faculty and staff for outstanding service to the program in May 2007
- Assisted professors in grant writing, research , and grade course projects

# Nutrition counseling (February 2009-current)

Shalom Free Clinic, Chico, CA

- Provide nutritional advice to low income/homeless individuals in need of affordable health care
- Provide healthy refreshments for people in the waiting room
- Volunteered over 30 hours

## **Professional Affiliations**

- Member of Nutrition and Food Science Association, California State University Chico, Chico, CA (September 2006-current)
  -Awarded "Most Active Member" May 2007
- Member of American Dietetic Association (April 2008-current)
- Involved in the annual St. Jude's Up 'Til Dawn charity event held at Chico State the past 3 years (Fall 2006-2008)
- Involved in American Cancer Society's Relay for life charity event in 2007 & 2008
- Volunteered for Leaders in Nutrition Knowledge and Support program, a peer-led nutrition education program at Chico State, Fall 2006
- Was a student volunteer at the California Dietetic Association Annual Meeting April 2007

## Skills

- Experience working as a liaison between Chico State University and an educational performance group at Chico High School
- Proficient in Microsoft Office, PowerPoint, Excel etc.
- Proficient in Dreamweaver web page editing program
- Proficient in video/audio editing software
- Good public relations and people skills
- Photography
- Capable of communicating with sign language